



2016 COED FLAG FOOTBALL

“What’s Next” Information

... Please read both sides of this document ...

1. **A mandatory coaches meeting** will be held for all coaches. Rosters, game schedules and equipment will be given out at the coaches meeting.

Date: Wednesday, August 31, 2016

Time: 6:00 p.m.

Location: Sandy Parks & Recreation (440 East 8680 South).
Conference Room

Shirts will be given to coaches at one of the practices.

2. **Coaches will contact players by 6:00 p.m., Sunday, September 4, 2016.** If you have not heard from your coach by the above deadline, please contact Sandy Parks & Recreation at (801) 568-2900 to find out who is coaching your child.
3. **Practices.** Two practices will be scheduled before regular season games begin. Regular season games will start Monday, September 12, 2016. This will be an 8 game season, with games 2 times per week, weather permitting.
4. **Parent & Spectator Conduct.** Parents and spectators must recognize the important role they have in any sport/game situation. Emotions are high and the wrong word or action directed at officials, staff, coaches, team members, or other spectators may result in unpleasant and/or dangerous circumstances. Please demonstrate good sportsmanship.
5. **Refunds.** A \$15.00 bookkeeping fee will be charged on all refunds. Refunds will not be given after the 1st game.
6. **Rain Outs** are decided based on the condition/safety of the fields. Rain alone does not mean games will be postponed. Coaches will be given a ‘rain out’ hotline number to confirm games in case of inclement weather. Only one game will be made up.
7. **Volunteer Coaches:** All coaches are parent volunteers. Your children will benefit from your involvement. Please volunteer to coach or assist your child’s coach in his/her efforts. “Many hands make light work”
8. **Background Checks:** All coaches will be required to complete a background check. This will be done at the coaches meeting. Please note: If you have completed a background check in a Sandy City Parks & Recreation program you will be required to complete the background check again this season.

For more information log on to our website www.sandy.utah.gov or call (801) 568-2900

- Thank you for choosing Sandy Parks & Recreation -

What to Ask Your Child After Practice or Games

- | | |
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| <input type="checkbox"/> Did you play better this week? | <input type="checkbox"/> What did you learn in practice? |
| <input type="checkbox"/> What do you feel you need to work on? | <input type="checkbox"/> Can I help you improve any skills? |
| <input type="checkbox"/> What did the coach emphasize after the game? | <input type="checkbox"/> Was your opponent a good sport? Were you? |
| <input type="checkbox"/> Are you getting in better shape? | <input type="checkbox"/> What was your favorite part of the game? |
| <input type="checkbox"/> What is the best part of playing on the team? | <input type="checkbox"/> What do you like most about your coach? |
| <input type="checkbox"/> Were you nervous playing today? If you were, why? | <input type="checkbox"/> How can I help you improve? |

But the most important question is....

Did you have fun playing today?

Be a.....**S**upportive.... **P**erson..... **O**f..... **R**ecreation... **T**eams

The Key is Fundamentals. Reinforce the good!